

## 2022 Boys and Girls Clubs National Qualifier Meet 3

### Day of Meet Info

#### Arrival

- We will be using the front door.
- Saturday Morning (Session 1)
  - Warm Up has been changed to 10:10am.
  - Meet Start has been changed to 10:45am.
- Saturday Afternoon (Session 2)
  - Meet Start has been changed to 3:00pm.
- Sunday Morning (Session 3)
  - Warm Up has been changed to 8:55am.
  - Meet Start has been changed to 9:30am.
- Saturday Afternoon (Session 4)
  - Warm Up has been changed to 1:00pm.
  - Meet Start has been changed to 1:30pm.

#### Volunteers

- Please sign up to volunteer at this link: <https://vmodcui.active.com/volunteer/jobs?eventGroupId=2225434>

#### Traffic Flow

- When you arrive and anytime you are moving through the building:
  - Moving from the pool to the Games Room, please go through the locker rooms.
  - Moving from the Games Room to the Pool (or to exit the building), use the pool double blue doors.

#### Locker Rooms / Changing

- Please arrive in your suit and plan to leave in your suit.
- We are using the locker rooms as a passageway from the pool to the games room.
- There will be very limited space/time to change in locker rooms.

#### In – between Races & Warm Up

- Please respect all furniture and refrain from going behind the front desk.
- All games will be off limits (i.e. pool table/carpet-ball/foosball)
- Swimmers may bring snacks and/or drinks. Please no sharing!
- Please be sure to clean up after yourselves.

#### Warm Ups

- First warm up participants, please enter and depart the pool from the shallow end.
- Second warm up participants, please enter and leave the pool from the deep end.

#### Running of the Meet

- All heats will begin at the deep end of the pool.
  - We will have ready “benches” as follows:
    - 2 heats will stage in the games room area (close to the pool doors)
    - 1 heat will stage by the metal hand rails in the pool area
    - 1 heat will stage on the mural bleachers
- For all events (other than the 25yd races):
  - Swimmers will move (from the mural bleachers) to behind the blocks for their race once the previous heat has moved away from behind the blocks.
  - Swimmers will exit the pool area through the locker rooms.

- For the 25yd races
  - Once the previous heat has entered the water, swimmers will move (from respective staging area) to behind the blocks.
  - Swimmers will exit the pool area through the locker rooms.

#### **Parents/Chaperones/Spectators**

- Each swimmer may bring up to **2** parents, chaperones, or spectators.
  - Volunteers are exempt from this count (i.e. if one parent is timing, 2 additional people may come with the swimmer).
  - Parents/Chaperones/Spectators shall sit with the athlete in the Games Room.
  - Watching races:
    - The parents/chaperones/spectators will enter the spectator area (wooden benches) when his/her athlete enters the pool area and leave the pool area when his/her athlete leaves the pool area. For example, when Luke's heat moves to the metal handrails in the pool area, Luke's mom can enter the spectator area. Once Luke finishes his race, he and his mom will leave through the locker rooms.

#### **Live Streaming**

- The meet will be live streamed on the clubs Facebook page: <https://www.facebook.com/NewarkBGC>

#### **Leaving**

- Please use the front door.