

2021 Boys and Girls Clubs Fall Invitational
November 20 & 21, 2021

“We have taken enhanced health and safety measures – for you, our other guests, and team members. You must follow all posted instructions while attending this swim meet at the Greater Newark Boys & Girls Club. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the Greater Newark Boys & Girls Club, you and all those in your party, voluntarily assume all risks related to exposure to COVID-19.”

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned or approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

FACILITY / USA CERTIFICATIONS & COMPLIANCES	Greater Newark Boys & Girls Club Pool Six lane, Twenty-five (25) yard course, equipped with starting blocks (1 foot, 8 inches above water). Six feet depth at starting end and 3½ feet depth at turn end. The competition course has not been certified in accordance with 104.2.2C(4). The competition course does comply with USA minimum standards for facilities: 103.2.3, 103.4.1, 103.12.1(B), 103.12.2, 103.14. In accordance with USA Rule 102.16.2(2), a Colorado System 6 electronic timing system with plungers/buttons and touchpads will be used. Determination of time will conform to USA Rule 102.16.5. In granting this approval it is understood and agreed that USA Swimming & Middle Atlantic Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
DATE & TIME	Saturday, November 20 <ul style="list-style-type: none">• Session 1 (12&U): 10:00 AM warm-up, 11:00 AM meet start• Session 2 (13&O): 2:30 PM warm-up, 3:30 PM meet start Sunday, November 21

	<ul style="list-style-type: none"> • Session 1 (12&U): 8:30 AM warm-up, 9:30 AM meet start • Session 2 (13&O): 12:30 PM warm-up, 1:30 PM meet start
LOCATION	Greater Newark Boys & Girls Club 1 Positive Place, Newark, DE 19702, 302-836-6464
ELIGIBILITY	Open to any Pioneer Swim League, Boys & Girls Clubs teams, and invited team swimmers. Swimmers' age is as of the first day of the meet: November 20, 2021.
SEEDING	<p>All events:</p> <ul style="list-style-type: none"> • will be swum girls and boys together. • will be timed finals. <p>The 400yd IM, 500yd and 1650yd freestyles</p> <ul style="list-style-type: none"> • are positive check-in. • will be deck seeded. <p>Swimmers must provide their own counters and timers for the 500 and 1650 freestyles.</p>
ENTRY LIMIT	<p>Sessions 1 and 3 (12 & Under): Swimmers may only enter 3 events from the 25 yard, 50 yard, and 100 yard options. In addition to the 3 events, swimmers may enter any of the 200 yard options as well as the 500 Free and the 400 IM, but the total number of events for any session must not exceed 5.</p> <p>Sessions 2 and 4 (13 & over): Swimmers may only enter 3 events from the 100 yard, 200 yard, 400 IM, and 500 Free options. In addition to the 3 events, swimmers may enter any of the 25 yard and 50 yard options, but the total number of events for any session must not exceed 6.</p>
ENTRIES	<p>Entries should be submitted using either Hy-Tek's Meet Manager / Team Lite Software or using attached entry form. Swimmers' birthdates, first, and last names must be submitted when using the entry form.</p> <p>Entries should be submitted via email to Diana Stambaugh at dstambaugh@bgclubs.org. In the body of the email, please submit total number of swimmers and individual entries entered.</p>
ENTRY FEE	\$1 per individual event
ENTRY DEADLINE	Thursday, November 11, 2021
AWARDS	Awards will be given to the top 6 finishers in each event for the following age groups (6&U, 7-8, 9-10, & 11-12). There will be no awards for the 13 and over age groups.
RULES	Current USA Swimming rules for starts, strokes and turns will be in effect.
RECORDING DEVICES	The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
DRONES	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
SUIT CHANGING	Deck changes are prohibited.

OFFICIALS & VOLUNTEERS	Please submit the names of all timers, officials and any other volunteers with team entries. USA certified officials will be required for the meet. A sign-up link for each session will be provided.
PROGRAM & ADMISSION	Admission is free. Two spectators per swimmer. Spectators will sit in the Games Room (or GYM) with swimmers. Spectators will rotate into the pool area during their swimmers' races.
COVID-19	<p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming approved events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> <p>BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.</p>
LIVE STREAM	We will be live streaming the meet using the clubs Facebook Page: https://www.facebook.com/NewarkBGC . It is free.
RESULTS	Results will be posted at the meet, emailed out to the teams, and posted on the GNBC website (www.gnbcdolphins.org).
DIRECTIONS	<p>From the North:</p> <ul style="list-style-type: none"> • Take I-95 South into Delaware (or I-95 South to I-495 South to I-95 South). Take exit 4A (Rt. 1 South; Christiana/Mall Road). Stay on Rt. 1 for about 3½ miles. Take the exit for Pulaski Highway (Rt. 40) towards Elkton, MD. Follow this for about 2½ miles; the club will be on your right. After you walk in the main entrance, the pool is in the back left corner.

Order of Events

Saturday, November 20, 2021 - Session 1 (12&U)

Warm Up: 10:00 AM

Start: 11:00 AM

Event #	Event Description
1	200yd Individual Medley
2	25yd Backstroke
3	200yd Breaststroke
4	50yd Freestyle
5	200yd Butterfly
6	50yd Breaststroke
7	100yd Backstroke
8	50yd Butterfly
	10-minute break
9	500yd Freestyle

Saturday, November 20, 2021 - Session 2 (13&O)

Warm Up: 2:30 PM

Start: 3:30 PM

Event #	Event Description
10	200yd Individual Medley
	10-minute break / warm down
11	50yd Butterfly
12	25yd Backstroke
13	50yd Breaststroke
14	50yd Freestyle
	10-minute break / warm down
15	200yd Butterfly
	10-minute break / warm down
16	100yd Backstroke
17	200yd Breaststroke
	10-minute break
18	500yd Freestyle

Sunday, November 21, 2021 - Session 3 (12&U)
 Warm Up: 8:30 AM Start: 9:30 AM

Girls Event #	Event Description
19	400yd Individual Medley
20	25yd Breaststroke
21	200yd Backstroke
22	25yd Freestyle
23	100yd Breaststroke
24	100yd Butterfly
25	50yd Backstroke
26	200yd Freestyle
27	100yd Individual Medley
28	25yd Butterfly
29	100yd Freestyle
	20-minute break
30	1650 Freestyle

Sunday, November 21, 2021 - Session 4 (13&O)
 Warm Up: 12:30 PM Start: 1:30 PM

Girls Event #	Event Description
31	400yd Individual Medley
	10-minute break / warm down
32	25yd Butterfly
33	50yd Backstroke
34	25yd Breaststroke
35	25yd Freestyle
	10-minute break / warm down
36	200yd Freestyle
	10-minute break / warm down
37	100yd Individual Medley
38	100yd Butterfly
39	200yd Backstroke
40	100yd Breaststroke
41	100yd Freestyle
	10-minute break / warm down
42	1650yd Freestyle

